

CAS Self-Evaluation Form

Candidate Name	
Candidate Number	3511-
CAS Project Number	
Title of CAS Project	
Time Frame	
Number of Hours	
Supervisor's Name	
Supervisor's Phone Number (only for projects completed outside school)	

Criterion	LO*	A lot	Yes	Little	No
I have increased my awareness of my own strengths and areas of growth .	1				
I have undertaken new challenges .	2				
I have planned and initiated new activities .	3				
I have shown perseverance and commitment in this project.	4				
I have worked collaboratively with others .	5				
I have been engaged with issues of global importance .	6				
I have considered the ethical implications of this actions.	7				

* LO: Learning Outcomes.

Students need to reflect on each individual CAS activity.

For each activity, students should consider the criteria above, which are linked to the seven learning outcomes (see CAS Handbook).

The reflection can be handwritten (e.g. journal) or presented in a digital (e.g. blog) or creative (e.g. scrap books) format.